

# Sunnyvale ISD

## Emergency Action Plan

### Raider Stadium

#### Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
  
- Difficulty or absent breathing or pulse
- Exertional collapse with central nervous system dysfunction
- Uncertainty of if you have a medical emergency

#### Location of AEDs:

- Under Home Bleachers
- On Home Sideline with Athletic Trainer

#### Emergency Personnel:

**Sunnyvale ISD** AT will be on site for all Sunnyvale ISD athletic games and on call for practices. Emergencies during activities with no Athletic Trainer onsite, EMS should be contacted immediately.

Venue Roles & Responsibilities (these are the primary individuals, others may assist with tasks as necessary)

- 1. Primary Provider of Medical Care - Athletic Trainer**
- 2. Calls 911 - Asst.Coach/SISD SRO/ SSO**
- 3. Retrieves Emergency Equipment - SAT**
- 4. Opens Gates - Coach/Admin/SSO**
- 5. Crowd Control - Admin/Asst.Coaches**
- 6. Meets Ambulance - SAT/SSO**
- 7. Contacts Stakeholders- Head Coach/AT**
- 8. Go with Ptnt. to Hospital- AT/ Asst. Coach**

#### Emergency Procedures:

- 1) Check the scene
  - a) Is it safe for you to help?
  - b) What happened?
  - c) How many victims are there?
  - d) Can bystanders help?
- 2) Identify severity of injury and potential diagnoses
  - a) Check circulation/airway/breathing (CAB), level of consciousness, and severe bleeding

- 3) Instruct an assistant coach or SRO/SSO to call 911, provide the following information.
  - a) Who you are, General information about the injury or situation
  - b) Where you are (Provide: name, location of downed patient, address, telephone #, number of individuals injured, type of injury that has occurred, treatment given, specific directions\*)
    - Raider Stadium**
    - 222 N. Collins Road**
    - Behind Sunnyvale High School on Raider Drive**
    - GPS COORDINATES – 32.797,-96.558**
  - c) Any additional information
  - d) **\*STAY ON THE PHONE, BE THE LAST TO HANG UP\***
- 4) Perform emergency care (including, CPR, AED application, First Aid, Cooling, etc.)
- 5) Instruct **Student Athletic Trainer** to get the relevant emergency equipment (i.e., AED, rectal thermometer, prepare cold-tub, glucose, first aid supplies, emergency kit)
- 6) Designate **Administrator, SSO or Asst. Coach** to control crowd
- 7) Contact the AT for **Sunnyvale ISD** if not present on scene
- 8) Instruct **SAT or SSO** to meet ambulance and direct to appropriate site
  - a) Open Appropriate Gates/Doors
  - b) This individual will "flag down" and direct to scene
- 9) Assist QHP providing care, EMS and/or other personnel with care as directed
- 10) **Asst. Coach or AT** will accompany the patient to the hospital or follow in a car if not allowed in ambulance
- 11) Document event and debrief within 48 hours of event

## Nearest Emergency Room Locations

**Baylor Scott and White Sunnyvale** – 2 miles 231 S. Collins Road, Sunnyvale, TX 75182, 972-892-3000

**Dallas Regional Medical Center Mesquite** – 4.3 miles 1011 N. Galloway Ave, Mesquite, TX 75149, 214-320-7000

**Texas Health Presbyterian Hospital Rockwall** – 11 miles 3150 Horizon Rd, Rockwall, TX 75032, 469-698-1000

**City Hospital at White Rock** – 12 miles 9440 Poppy Dr, Dallas, TX 75218, 214-324-6100

**Baylor University Medical Center** – 15 miles 3305 Worth St, Dallas, TX 75246, 214-820-0111

**Children's Medical Center Dallas** – 20 miles 1935 Medical District, Dallas, TX 75235, 214-456-7000

# In the Event of a Weather Emergency

Weather will be monitored by Athletic Trainers, Administrators and Head Coaches by use of the Perry Weather System.

- \* A weather monitoring station atop Sunnyvale High School will alert with a siren that lightning has entered the area of 10 miles. A strobe light will continue to flash while lightning remains in the 10 mile zone.

- \* Weather alerts will be received via text notifications by school personnel with the Perry Weather App.

- \* Should severe weather impede upon the play and cause a delay the following will happen:

- \* Referees will be notified by staff Athletic Trainers of potential threats.

- \* Teams will be instructed to leave the field and return to the locker room. The visiting Team and Band will go to Admin gym.

- \* The stadium announcer will give instructions to the fans where they can seek shelter.

- \* Fans should NOT be permitted to sit in stands during a lightning or severe weather event.

- \* Administrators will help facilitate fans to exit the stadium.



# Heat Related Illness Response

Heat Stroke is a **MEDICAL EMERGENCY**, if you suspect a patient may be experiencing heat stroke call 911 immediately, and notify Athletic Trainers on call.

Actions to be taken after 911 has been called and EMS is in route:

1. Locate the nearest cooling station for the venue's event.
2. Transport the athlete with the assistance of bystanders, **DO NOT** have the patient walk.
3. Submerge the patient in a Cold Tub completely in **ICE WATER**.
4. If Cold Tub is not available, use a Tarp and use the TACO method, sloshing cold water on the patient while the patient lays in the Tarp.
5. Have a person hold the patient's head above water and offer water to drink if they can.
6. Circulate water around the patient while in the tub to keep the water cold.
7. Keep an AED on standby for cardiac complications
8. Keep the patient submerged for 15 minutes, then pull them out to keep body temperature from dropping too cool.
9. Once EMS has arrived and the patient has been submerged for 15 minutes, then allow EMS to transport the patient to the nearest hospital for care.
10. It is important to not pull the patient too soon before transporting, unless the patient experiences cardiac arrest. In that event, pull the patient and apply AED and begin CPR.

